

The Truth About Selling the Family Home

Letting Go of the Place That Holds Your Memories

THREE TRUTHS TO CONSIDER

TRUTH #1 "Loving Your Home and Grieving the Move Are Two Different Things."

What my home has meant to me — and what I'd carry with me no matter where I live:

TRUTH #2 "Sometimes the Hardest Part Isn't Leaving. It's Everything That Comes Before It."

The decisions, belongings, or family conversations I haven't started yet:

TRUTH #3 "The More You Plan Ahead, the More Control You Keep."

One choice I still have today that I might not have if I wait:

MYTHS & TRUTHS

MYTH: "Decades of memories mean leaving will devastate me."

TRUTH: "You can treasure a home deeply and still leave it with peace — and if you do grieve, that's valid too."

MYTH: "I'll handle it when I'm ready."

TRUTH: "Waiting for 'ready' can mean waiting for a crisis — and a crisis may limit your options."

MYTH: "My children will gladly handle a lifetime of belongings later."

TRUTH: "You can do it when I'm gone" can leave the heaviest work to the people you love most."

WHAT WILL I TAKE AWAY?

QUESTIONS I WANT TO ASK:

SOMETHING I HEARD TODAY THAT CHALLENGES ME:

TURNING TRUTH INTO ACTION

One action I'll take because of what I heard today: